

An in-depth implementation study of the Greenlandic parenting program MANU's initial stages of implementation

In Greenland, the universal parenting programme MANU was developed in 2016. After documenting the initial years of MANU's implementation, this study aimed to identify implementation determinants focusing on i) which context MANU was conceptualised in and how it was developed and ii) how MANU was implemented and initially received in the healthcare system. A qualitative in-depth implementation study was conducted: document analysis, 38 interviews, one focus group discussion, and observations at two trainings for professionals and four parent sessions. Participants included stakeholders from both the health and social sector and from management to practitioner level. MANU was conceptualised based on a political desire to ensure children's well-being by providing parents with the essential parenting skills, and a desire to create a programme for the Greenlandic context. Professionals welcomed the MANU materials, but anticipated or experienced barriers in implementing MANU. The first years of MANU focused on disseminating material and training professionals. Despite political support and financial security enabling implementation, an assessment of the implementation capacity from the very beginning could have prevented some of the implementation challenges identified. Insights on parents' perspectives and local implementation are lacking and need to be brought to the forefront of the implementation process.

Forfatter: Christine Ingemann; Rikke Louise Kuhn ; Siv Kvernmo ; Tine Tjørnhøj-Thomsen ; Christina Viskum Lytken Larsen **Type:** Article | Artikel **Årstal:** 2021 **Emner:** Parenting; Health promotion; Implementation ; Circumpolar **Titel på tidsskrift:** International Journal of Circumpolar Health **Volume på tidsskrift:** 80 **DOI nummer:** <https://doi.org/10.1080/22423982.2021.1938443>

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Community health workers as a sustainable health care innovation: Introducing a conceptual model

Health care delivery in the Circumpolar North is challenged by a scarcity of culturally relevant health care services, few medical providers trained in cross-cultural care, and high costs of transportation. Community health workers (CHWs) are primarily Indigenous individuals who provide on-the-ground health care and health promotion services in their own communities. The CHWs' scope of work varies from health education to clinical care and often focuses on upstream factors that impact the public's health. Although often overlooked and underutilized, the CHW role is an innovative approach to promoting more sustainable and culturally relevant care within health systems. Investigating and understanding the potential ways that CHW-integrated health care systems support health and wellness could allow for a clearer understanding of how to translate this approach to other regions seeking a transition to sustainability in health and wellness. Drawing on experiences with CHWs in the Circumpolar North, this article introduces a conceptual model summarizing pathways that describe how integrating CHWs supports wellness in their communities. The proposed model includes five pathways for how CHWs could support wellness: (1) the recruitment of CHWs from within a community promotes community capacity and control; (2) the CHW role allows them to advocate to address structural and systemic inequalities that contribute to ill health, if CHWs are supported to organize their communities around wellness; (3) CHWs have the potential to support and empower community members; (4) CHWs have the potential to develop culturally relevant, feasible, and effective health promotion strategies; and (5) CHWs have the potential to build on community strengths. This model allows for CHW-integrated health care systems to be critically examined to both test and refine this proposed model, and support and empower community health workers as a transition to a more sustainable health care delivery system that reduces inequities and promotes health.

Forfatter: Katie Cueva ; Christine Ingemann; Larisa Zaitseva ; Gwen Healey Akearok ; Josée G Lavoie **Type:** Article | Artikel **Årstal:** 2021 **Emner:** Health equity; Culture; Health promotion; Community health workers

[Åben publikation](#)

Research | Forskning - peer review > Article | Artikel

Patient experience studies in the circumpolar region: a scoping review

Objectives: Patient experiences with health systems constitute a crucial pillar of quality care. Across the Arctic, patients' interactions with the healthcare system are influenced by challenges of access, historical inequities and social determinants. This scoping review sought to describe the range and nature of peer-reviewed literature on patient experience studies conducted within the circumpolar region.

Design: In a partnership between Danish/Greenlandic, Canadian and American research teams, a scoping review of published research exploring patient experiences in circumpolar regions was undertaken.

Data sources: Seven electronic databases were queried: MEDLINE, Embase, Scopus, 'Global Health 1910 to 2019 Week 11', CINAHL, PsycINFO and SveMed+.

Eligibility criteria: Articles were eligible for inclusion if they (a) took place in the circumpolar region, (b) reported patients' perspective and (c) were focussed primarily on patient experiences with care, rather than satisfaction with treatment outcome.

Data extraction and synthesis: Title and abstract screening, full-text review and data extraction was conducted by four researchers. Bibliometric information such as publication date and country of origin was extracted, as was information regarding study design and whether or not the article contained results relevant to the themes of Indigenous values, rural and remote context, telehealth and climate change. Two researchers then synthesised and characterised results relevant to these themes.

Results: Of the 2824 articles initially found through systematic searches in seven databases, 96 articles were included for data extraction. Findings from the review included unique features related to Indigenous values, rural and remote health, telehealth and climate change.

Conclusions: The review findings provide an overview of patient experiences measures used in circumpolar nations. These findings can be used to inform health system improvement based on patient needs in the circumpolar context, as well as in other regions that share common features. This work can be further contextualized through Indigenous methodologies such as sharing circles and community based participatory methods.

Forfatter: Christine Ingemann; Nathaniel Fox Hansen ; Nanna Lund Hansen ; Kennedy Jensen ; Christina Viskum Lytken Larsen ; Susan Chatwood **Type:** Article | Artikel **Årstal:** 2020 **Emner:** Patient experience; Patient satisfaction; Circumpolar; Arctic; Scoping review; Indigenous; Rural healthcare; Tele-health **Titel på tidsskrift:** BMJopen **DOI nummer:** <http://dx.doi.org/10.1136/bmjopen-2020-042973>

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Research | Forskning > Report | Rapport

Nabo-unges stemmer om social inklusion i Grønland

Nabo er et projekt, der blev lanceret under det svenske formandskab i Nordisk Ministerråd 2018. Projektet ledes af den svenske Myndigheten för ungdoms- och civilsamhällsfrågor i perioden 2018-2020 og sigter mod at skabe nordiske unges perspektiver på det sociale inklusion. Unges stemmer høres i spørgsmål om deres liv. og baseret på denne viden, får de muligheden for at deltage i og påvirke politiske beslutninger.

Unge mennesker bliver bedt om at beskrive deres hverdag og hvordan de oplever deres muligheder og forhindringer. Fra deres historier bygger Nabo en ramme af succesfaktorer for social integration i de nordiske lande.

Denne rapport er baseret på fokusgruppeinterviews med unge mennesker forskellige steder i Grønland. Lignende undersøgelser gennemføres i de andre nordiske lande på Færøerne og Åland.

Forfatter: Christine Ingemann; Arnaruluk Lundblad ; Christina Viskum Lytken Larsen **Type:** Report | Rapport
Årstal: 2020 **Emner:** Unge; Social inklusion; Grønland **Udgivelsessted:** Nordisk Ministerråd **ISBN nummer:** 978-92-893-6432-4

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Research | Forskning > Report | Rapport

Brugernes oplevelse af det grønlandske sundhedsvæsen: En pilotundersøgelse

Center for Folkesundhed i Grønland har i sommeren 2019 gennemført en kvalitativ pilotundersøgelse, der har undersøgt borgernes oplevelse af det grønlandske sundhedsvæsen.

Formålet med undersøgelsen har været at give et indblik i, hvordan adgangen til sundhedsvæsenet opleves af borgerne, og hvad der er vigtigt for borgerne, når de møder sundhedsvæsenet som brugere. Dermed giver undersøgelsen os et vigtigt grundlag for at arbejde videre med udviklingen af et langsigtet og nationalt design for øget brugerinddragelse og brugerevaluering i det grønlandske sundhedsvæsen - et grundlag, der tager udgangspunkt i borgernes egne perspektiver, og som er kulturel relevant.

Forfatter: Ingelise Olesen; Nanna Lund Hansen ; Christine Ingemann; Arnaruluk Lundblad ; Christina Viskum Lytken Larsen **Type:** Report | Rapport **Årstal:** 2020 **Emner:** Patient experience; Greenland; Health system **Udgivelsessted:** Statens Institut for Folkesundhed **ISBN nummer:** 9788778994967

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Communication | Formidling - peer review > Conference article | Konferenceartikel

Symposium on "parental education" at the ICCH17

This symposium report provides a brief overview of the six programmes and studies on parental education and maternal health services within the circumpolar region presented in the symposium "parental education" at the 17th International Congress of Circumpolar Health in Copenhagen, Denmark, August 2018.

Forfatter: Christine Ingemann; Siv Kvernmo ; Helle Møller ; Pertice M Moffitt ; Shirley Tagalik ; Rikke L Kuhn ; Siv E Nilsen ; Rebecca Rich ; Christina Viskum Lytken Larsen **Type:** Conference article | Konferenceartikel
Årstal: 2019 **Emner:** Parental education; Perinatal; Maternity; Traditional knowledge; Indigenous; Arctic; Circumpolar health **Udgiver:** International Journal of Circumpolar Health **DOI nummer:** <https://doi.org/10.1080/22423982.2019.1604062> **Navn på konference:** 17th International Congress of Circumpolar Health 2018 **Konferenceby:** Copenhagen **Konferenceland:** Denmark

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Research | Forskning - peer review > Report | Rapport

Befolkningsundersøgelsen i Grønland 2018. Levevilkår, livsstil og helbred - Oversigt over indikatorer for folkesundheden

Befolkningsundersøgelsen i 2018 er den seneste i en række af fem landsdækkende sundhedsundersøgelser, der er gennemført siden 1993. Befolkningsundersøgelsen i 2018 omfatter 19 af de 38 indikatorer for

folkesundheden i Grønland relateret til de indsatsområder som er beskrevet i folkesundhedsprogrammet Inuuneritta II. Disse dækker over befolkningens brug af alkohol og hash, rygevaner, kostmønstre og fysisk aktivitet samt en række forhold i opvæksten med betydning for helbredet langt ind i voksenlivet. Undersøgelsen handler i høj grad også om mental sundhed og trivsel, og der er som noget nyt et særligt fokus på unge og ældre.

Forfatter: Christina Viskum Lytken Larsen ; Charlotte Brandstrup Hansen ; Christine Ingemann; Marit Eika Jørgensen; Ingelise Olesen; Ivalu Katajavaara Sørensen ; Anders Koch; Vibeke Backer ; Peter Bjerregaard
Type: Report | Rapport **Årstal:** 2019 **Emner:** Health survey; Greenland; Public health **Udgivelsessted:** Statens Institut for Folkesundhed **Udgivelsesland:** Danmark **Forlag:** SIF's Grønlandsskrifter **ISBN nummer:** 978-87-7899-456-1

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Consultancy | Rådgivning > Report | Rapport

Kortlægning af rygestoptilbud: Undersøgelse af borgernes adgang til rygestop i kommuner og sundhedsvæsenet i Grønland

Undersøgelsens formål er at få et tydeligt overblik over, i hvilket omfang borgerne i Grønland (både børn og voksne) har adgang til rygestoptilbud i regi af sundhedsvæsenet og kommunerne, herunder hvilke typer af rygestoptilbud, der udbydes, og i hvilket omfang.

Forfatter: Christine Ingemann; Astrid Beck ; Christina Viskum Lytken Larsen **Type:** Report | Rapport
Årstal: 2019 **Emner:** Smoking; Greenland; Public health; Prevention **Udgivelsessted:** Statens Institut for Folkesundhed

[Åben publikation](#)

Research | Forskning - peer review > Article | Artikel

Determinants of an integrated public health approach: the implementation process of Greenland's second public health program

Background: Greenland struggles with a high prevalence of smoking, alcohol and drug abuse. In response to the increasing need for preventive initiatives, the first public health program Inuuneritta was introduced in 2007. Internationally, frameworks focus primarily on the implementation of a single, well-described intervention or program. However, with the increasing need and emergence of more holistic, integrated approaches, a need for research investigating the process of policy implementation from launch to action arises. This paper aims to augment the empirical evidence on the implementation of integrated health promotion programs within a governmental setting using the case of Inuuneritta II. In this study, the constraining and enabling determinants of the implementation processes within and across levels and sectors were examined.

Methods: Qualitative methods with a transdisciplinary approach were applied. Data collection consisted of six phases with different qualitative methods applied to gain a comprehensive overview and understanding of Inuuneritta II's implementation process. These methods included: observations and focus group discussions at the community health worker (CHW) conference, telephone interviews, document analysis, and a workshop on results dissemination.

Results: Enabling determinants influencing the implementation process of Inuuneritta II positively were high motivation among adopters, local prevention committees supporting community health workers, and the initiation of the central prevention committee. In contrast, constraining determinants were ambiguous program aims, high turnovers, siloed budgets and work environments, and an inconsistent and neglected central prevention committee.

Conclusion: Inuuneritta II provided a substantial framework for an integrated health policy approach. However, having a holistic and comprehensive program enabling an integrated approach is not sufficient. Inuuneritta II's integrated approach does not harmonise with the government's inflexible organisational structure resulting in insufficient implementation.

Forfatter: Christine Ingemann; Barbara J Regeer ; Christina Viskum Lytken Larsen **Type:** Article | Artikel
Årstal: 2018 **Emner:** Public health program; Health promotion; Integrated approach; Determinants; Implementation process; Evaluation; Greenland; Inuit; Circumpolar health; Arctic **Titel på tidsskrift:** BMC Public Health **DOI nummer:** <https://doi.org/10.1186/s12889-018-6253-4>

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Consultancy | Rådgivning > Report | Rapport

Evaluering af Grønlands Sundhedsreform: Oplevede og målbare effekter 2017

Formålet med denne evaluering af Sundhedsreformen er at gøre status på den ledelsesmæssige oplevelse af organiseringen af sundhedsvæsenet efter den fulde implementering af regionaliseringen. Dette er gjort dels gennem dokumentanalyse af en stor mængde rapporter, notater og oversigter fra Sundhedsledelsen, og dels gennem 17 kvalitative interviews med repræsentanter fra regions-, område- og sundhedsledelse, der har været med til at gennemføre regionaliseringen, samt med enkelte medarbejdere fra forskellige sektorer og regioner med erfaring fra før og efter reformen.

Forfatter: Christine Ingemann; Christina Viskum Lytken Larsen **Type:** Report | Rapport **Årstal:** 2018
Emner: Public health; Greenland **Udgivelsessted:** Statens Institut for Folkesundhed **ISBN nummer:** 978-87-7899-408-0

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Consultancy | Rådgivning > Report | Rapport

A scoping review: Well-being among indigenous children and youth in the Arctic – with a focus on Sami and Greenland Inuit

Children and young people from the Inuit and Sami populations in the Nordic countries can be identified as a vulnerable group. Young Sami and Inuit experience a higher degree of violence, abuse, suicidal thoughts and suicide rates compared to their peers in the majority populations in the Nordic countries. Their living conditions are in most cases influenced by a limited access to welfare benefits such as the healthcare system, social services and educational opportunities. Career prospects in the Arctic region are also narrow compared to the more densely populated and central regions in the Nordic countries. In order to understand and act upon the challenges the populations face, an in-depth and systematic review of the existing literature and experiences of children's and youth's well-being and their existing living conditions in the Arctic Region is essential.

Forfatter: Christine Ingemann; Christina Viskum Lytken Larsen **Type:** Report | Rapport **Årstal:** 2018
Emner: Youth; Mental health; Circumpolar; Inuit; Sami **Udgivelsessted:** Nordisk Ministerråd **ISBN nummer:** 978-92-893-5387-8

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Consultancy | Rådgivning > Report | Rapport

Midtvejsevaluering af Inuuneritta II: Gennemført i 2017

Rapporten er en midtvejsevaluering af folkesundhedsprogrammet Inuuneritta II. Der er tale om en procesevaluering, der fokuserer på, hvordan det er gået med at føre programmet ud i praksis.

Formålet med rapporten er at give konstruktive input, mens det stadig er muligt at justere og tilpasse programmet. Ved udgangen af 2016 havde alle 4 programområder i Inuuneritta II haft hvert deres indsatsår, og alle områder bør derfor ifølge planen være overgået til drift. Det derfor et oplagt tidspunkt at gøre status på implementeringen af programmet fra 2013-2016, det vil sige de første 4 år af programmets levetid på i alt 7 år.

Forfatter: Christine Ingemann; Christina Viskum Lytken Larsen **Type:** Report | Rapport **Årstal:** 2017
Emner: Public health; Health promotion; Health policy; Greenland; Implementation **Udgivelsessted:** Statens Institut for Folkesundhed

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